

Parkfield Primary School PE Vocabulary Progression Map

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Multiskills	Run Stop Space Jump Balance skip Fast Hop Slow	Dodge Jog Hurdle Speed Steady sprint Direction Land Safely	Distance Technique Control Co-ordination Agility				
Net/Wall		Team Space Catch Throw Safely Bounce Forward backward Ready position Partner	Receive Quickly Trap Defend Return Collect Against Score points Net Underarm	Serve Accurately Track Racket Control Rally Opponent	Serve Accurately Track Racket Control Rally Opponent	Volley Footwork Set Tactics Co-operatively Continuously	Deep Forecourt Defensive Consecutive Consistently Backcourt Attacking
Invasion Games		Pass Team Tag Balance Safely Space Forwards backwards	Send Teammate Chest pass Possession Goal Dodge Bounce pass	Mark Travelling Playing area Defender Points Dribbling Attacker	Outwit Opposition Opponent Contact Pivot Rebound Tracking Interception	Tactics Control Foul Pressure Support Obstruction Receiver Footwork	Consecutive Consistently Onside Offside Formation Conceding Turnover Shut down
Dance	Move Copy Shape Space Safely	Counts Pose Level Slow Fast	Mirror Action Pathway Direction Speed timing	Flow Explore Create Perform Match	Represent Reaction Dynamics Unison Control	Formation Posture Performance Canon relationship	Choreograph Phrase Contrast Structure Fluently connect

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	Travel Around Sideways Forwards backwards	balance		Feedback expression			
Gymnastics	Travel Forwards Backwards Move Copy Shape Over Space Around Safely Sideways	Action Jump Roll Level Direction Speed Point Balance	Link Pathway Sequence Tuck Straddle Speed Star pike	Flow Explore Create Matching Interesting Control Contrasting	Technique Quality Apparatus Perform Inverted Extension	Symmetrical Rotation Aesthetics Canon Asymmetrical Synchronisation Progression	Formation Momentum Counter balance Fluently Counter tension
OAA				Team Oath Listen Space Travel Follow Safely Lead Co -operate Teamwork Solve Instructions Support Successful Map Direction Communicate	Rules Route Trust Navigate Grid Discuss Plan Leader Effectively Symbol Inclusive Orientate	Collaborate Collective Navigation Tactical Control card Orienteering	Location Symbol Strategy Boundaries Critical thinking Co - operatively
Athletics	Push Stop Jump Space Balance backwards	Far Hop Aim Fast Slow Bend Improve Direction travel	Sprint Jog Distance Height Take off Landing Overarm underarm	Speed Power Strength Accurately Higher Pace Control Faster Further	Power Stamina Officiate Perseverance Determination Accuracy Personal best	Technique Upsweep Rhythm Down sweep Flight Stride	Rotation Trajectory Continuous pace Force Compete Momentum Transfer of weight

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Striking/Fielding	Run Pass Roll Team Space Safely Around Forwards backwards	Hit Points Target Score catch	Fielder Send Teammate Runs Batter Received Bowler	Strike Grip Rounder Backstop Bowl Post Wicket Batting Wicket keeper fielding	Stance Retrieve Opposition Stumped Two -handed pick up Technique Short barrier	Pressure Backing up Support Overtake Tracking Outwit tactics	Obstruction Continuous Drive hit Consecutive Consistently Co -operatively Defensive hit
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