

Building Physical Education Skills

Pupils should be taught:	What?	Development of skills EYFS	Year 1	Year 2
<p>The Doing Physical Being: <i>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</i></p>	<p>Multi-skills</p>	<p>Children have the opportunity to develop their physical skills through chosen play outside and by using balance bikes and use of outdoor playground to support core stability and coordination.</p> <p>Children can: Start to travel in different ways Catch a large object Travel with confidence and skill around, under, over and through climbing equipment Can jump from a small object and land appropriately Start to show some agility, balance and coordination Show some awareness of space adjusting speed and direction Start to control objects with pushing, patting, throwing, catching, and kicking.</p> <p>3-4</p> <ul style="list-style-type: none"> ✓ Revise and refine the fundamental movement skills they have already acquired: rolling, crawling, walking, jumping, running, hopping, skipping, climbing. ✓ Develop overall body-strength, balance, coordination and agility. ✓ Further develop and refine a range of ball skills including throwing, catching, kicking, passing, batting, and aiming. <p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> ✓ Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, hopping, skipping and climbing. 	<p>Children will begin to: Travel in different ways with confidence and control Can send and receive objects Improve on travel with confidence and skill around, under, over and through climbing equipment Improve on jumping from different heights Shows some agility, balance and coordination with control Shows awareness of space adjusting speed and direction Improve on controlling objects with pushing, patting, throwing, catching, and kicking Avoid, chase and dodge Make up simple games.</p>	<p>Children can: Travel in different ways with confidence and control Can send and receive objects Improve on travel with confidence and skill around, under, over and through climbing equipment Improve on jumping from different heights Shows some agility, balance and coordination with control Shows awareness of space adjusting speed and direction Improve on controlling objects with pushing, patting, throwing, catching, and kicking Avoid, chase and dodge Make up simple games.</p>
	<p>Gymnastics</p>	<p>Children can: Travel in different ways Show stillness and control Travel with confidence and skill around, under, over and through climbing equipment Balance their bodies in different ways Show control through rolling and jumping Start to climb, swing and hang Repeat short sequences of movements on own Can jump from a small object and land appropriately.</p> <p>Gymnastics is taught through using Twinkl resources and delivered by two Premiere Sports coaches.</p> <p>Reception</p> <ul style="list-style-type: none"> ✓ Progress towards a more fluent style of moving, with developing control and grace. ✓ Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. <p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> ✓ - Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - 	<p>Children will begin to: Travel in different ways with speed and direction Show stillness and control on different body parts Move around with increasing care and control Balance their bodies in different ways - size, level and body parts Show control through rolling and jumping and linking them together Repeat short sequences of movements on own and with a partner with a clear beginning, middle and ending Can jump from different sized objects and land appropriately Start to climb, swing and hang Carry out simple stretches.</p>	<p>Children can: Travel in different ways with speed and direction Show stillness and control on different body parts Move around with increasing care and control Balance their bodies in different ways - size, level and body parts Show control through rolling and jumping and linking them together Repeat short sequences of movements on own and with a partner with a clear beginning, middle and ending Can jump from different sized objects and land appropriately Start to climb, swing and hang Carry out simple stretches.</p>

		Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.		
<i>participate in team games, developing simple tactics for attacking and defending</i>	Invasion Games		Children will begin to: Can send and receive objects to self and from others Can vary the type of throw used Bounce and kick a ball while travelling in different directions Avoid, chase and dodge Show agility, balance and some coordination Simple attacking play Simple defending play.	Children can: Can send and receive objects to self and from others Can vary the type of throw used Bounce and kick a ball while travelling in different directions Avoid, chase and dodge Show agility, balance and some coordination Simple attacking play Simple defending play.
	Striking and fielding	Children can: Use a range of equipment to strike objects for distance Can receive a range of objects Can chase and avoid objects Show good balance and coordination. Reception ✓ Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball. Children at the expected level of development will: ✓ Negotiate space and obstacles safely, with consideration for themselves and others; - ✓ Demonstrate strength, balance and coordination when playing; ✓ Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	<i>Children will begin to:</i> Use a range of equipment to strike objects for distance Can receive a range of objects Can chase and avoid objects Show good balance and coordination Recognise areas of fielding Know when they are fielding and when they are striking Start to understand simple strike and field games working in partners and small groups.	<i>Children can:</i> Use a range of equipment to strike objects for distance Can receive a range of objects Can chase and avoid objects Show good balance and coordination Recognise areas of fielding Know when they are fielding and when they are striking Start to understand simple strike and field games working in partners and small groups.
	Athletics	Children can: Show skills of basic running technique Jump in a range of ways landing safely Roll equipment in different ways Throw underarm and at a target Take part in some races Prepare for Sports Day. Children at the expected level of development will: ✓ Negotiate space and obstacles safely, with consideration for themselves and others; - ✓ Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	<i>Children will begin to:</i> Show skills of running technique and ability to vary their pace and speed Run at different distances applying pace Jump in different combinations and for height and distance Jump in sequences Investigate the best jumps for different distances, choose the most appropriate jump to cover different distances Show different throwing techniques for accuracy and distance Investigate ways to alter their throwing technique to achieve greater distance Throw different objects in different ways Compete against self and others.	<i>Children can:</i> Show skills of running technique and ability to vary their pace and speed Run at different distances applying pace Jump in different combinations and for height and distance Jump in sequences Investigate the best jumps for different distances, choose the most appropriate jump to cover different distances Show different throwing techniques for accuracy and distance Investigate ways to alter their throwing technique to achieve greater distance Throw different objects in different ways Compete against self and others.

	Net-wall games		<i>Children will begin to:</i> Strike the ball softly into an area Show good balance and coordination Improve on hand-eye coordination Play with a partner a simple net and wall game.	<i>Children can:</i> Strike the ball softly into an area Show good balance and coordination Improve on hand-eye coordination Play with a partner a simple net and wall game.
perform dances using simple movement patterns.	Dance	<p>Children can: Show different ways to travel using clear pathways and good spatial awareness Show jumping and turning actions with control Change shape and size Show levels and speed in their movements Explore, copy, remember and repeat movement patterns with control.</p> <p>Reception</p> <ul style="list-style-type: none"> ✓ Progress towards a more fluent style of moving, with developing control and grace. ✓ Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. <p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> ✓ Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 	<i>Children will begin to:</i> Show different ways to travel using clear pathways and good spatial awareness. Show jumping and turning actions with control Change shape and size Show levels and speed in their movements Create a short motif inspired by a stimulus Use simple choreographic devices such as cannon, unison and mirror Move in time to music Improve the timings of their actions Create a short movement phrase which demonstrates their own ideas.	<i>Children can:</i> Show different ways to travel using clear pathways and good spatial awareness. Show jumping and turning actions with control Change shape and size Show levels and speed in their movements Create a short motif inspired by a stimulus Use simple choreographic devices such as cannon, unison and mirror Move in time to music Improve the timings of their actions Create a short movement phrase which demonstrates their own ideas.
The Behavioural Change Physical Being: <i>Involved and engaged Grows socially and emotionally Builds character and values Leads a healthy active lifestyle</i>	Health and Fitness	<p>Physical Development</p> <ul style="list-style-type: none"> ✓ Know and talk about the different factors that support their overall health and wellbeing: regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian. <p>PSED</p> <ul style="list-style-type: none"> ✓ Beginning to give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. ✓ Increasing confidence to try new activities and show independence, resilience and perseverance in the face of challenge; ✓ Beginning to explain the reasons for rules, know right from wrong and try to behave accordingly. ✓ Form positive attachments to adults and friendships with peers. 	<p>Children will begin to:</p> <p>Able to engage in competitive (against self and others) and cooperative physical activities in a range of increasingly challenging situations. Keen to participate in activities and clubs both in school and in the wider community.</p> <ul style="list-style-type: none"> ✓ To describe how their body feels before, during and after an activity. 	<p>Children can:</p> <p>Able to engage in competitive (against self and others) and cooperative physical activities in a range of increasingly challenging situations. Keen to participate in activities and clubs both in school and in the wider community.</p> <p>Pupils understand how their body can change before, during and after an activity.</p>
The Thinking Physical Being: <i>Decision maker Analytical deep understanding Confident Creative</i>	Evaluating and Improving	<p>Communication and Language</p> <ul style="list-style-type: none"> ✓ Listen attentively and respond to what they hear with relevant questions, comments and actions ✓ Make comments about what they have heard and ask questions to clarify their understanding ✓ Express their ideas and feelings about their experiences ✓ Offer explanations for why things might happen, making use of recently introduced vocabulary in lessons. 	<p>Children will begin to:</p> <p>Able to make simple decisions and be aware of what they need to do to improve. Be creative when using and developing skills and tactics in simple sequences and activities.</p> <ul style="list-style-type: none"> ✓ To describe what other people did. ✓ To say how I could 	<p>Children can:</p> <p>Able to make simple decisions and be aware of what they need to do to improve. Be creative when using and developing skills and tactics in simple sequences and activities.</p> <ul style="list-style-type: none"> ✓ To talk about what is different between what they did and what

			improve.	someone else did. ✓ To say how they could improve and how others could improve.
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Physical Education Curriculum at Parkfield Primary School Key Stage 2					
Pupils should be taught:	What?	Year 3	Year 4	Year 5	Year 6
<i>The Doing Physical Being:</i> <i>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</i>	Gymnastics	<p>Children will begin to: Climb, swing, hang and take their own body weight on hands Travel in different ways using flight whilst moving with clarity, fluency and expression. Carry out different balances recognising the position of their centre of gravity and how this effects their balance Balances on apparatus, balances with and against a partner. Improve control of rolling and jumping and linking them together Use equipment to vault in a variety of ways Develop sequences that they practise, repeat and perform Can jump from different sized objects, showing different shapes in the air and land appropriately Carry out stretches as part of the group.</p>	<p>Children can: Climb, swing, hang and take their own body weight on hands Travel in different ways using flight whilst moving with clarity, fluency and expression. Carry out different balances recognising the position of their centre of gravity and how this effects their balance Balances on apparatus, balances with and against a partner. Improve control of rolling and jumping and linking them together Use equipment to vault in a variety of ways Develop sequences that they practise, repeat and perform Can jump from different sized objects, showing different shapes in the air and land appropriately Carry out stretches as part of the group.</p>	<p>Children will begin to: Climb, swing, hang and take their own body weight on hands Travel in different ways using flight whilst moving with clarity, fluency and expression Carry out different balances recognising the position of their centre of gravity and how this effects their balance. Balances on apparatus, balances with and against a partner Improve on control through rolling and jumping and linking them together Use equipment to vault in a variety of ways and incorporate this into their sequences Develop sequences that they practise, repeat and perform Can jump from different sized objects, showing different shapes in the air and land appropriately and link jumps together Carry out stretches as a group and take responsibility for their own warm up Select and prepare equipment for use, check safety of this Perform complex sequences using apparatus and floor individually/pairs and groups.</p>	<p>Children can: Climb, swing, hang and take their own body weight on hands Travel in different ways using flight whilst moving with clarity, fluency and expression Carry out different balances recognising the position of their centre of gravity and how this effects their balance. Balances on apparatus, balances with and against a partner Improve on control through rolling and jumping and linking them together Use equipment to vault in a variety of ways and incorporate this into their sequences Develop sequences that they practise, repeat and perform Can jump from different sized objects, showing different shapes in the air and land appropriately and link jumps together Carry out stretches as a group and take responsibility for their own warm up Select and prepare equipment for use, check safety of this Perform complex sequences using apparatus and floor individually/pairs and groups.</p>
<i>participate in team games, developing simple tactics for attacking and defending</i>	Invasion Games	<p>Children will begin to: Improve on sending and receiving different objects Keep possession and control of a ball moving in different directions Travel towards a goal/target individually or with others</p>	<p>Children can: Improve on sending and receiving different objects Keep possession and control of a ball moving in different directions Travel towards a goal/target individually or with others</p>	<p>Children will begin to: Making the decision to pass or run with the ball to progress towards a goal or target Improve on attacking play Improve on defending play Apply tactics and strategies to games to try and win</p>	<p>Children can: Making the decision to pass or run with the ball to progress towards a goal or target Improve on attacking play Improve on defending play Apply tactics and strategies to games to try and win</p>

		<p>Show movement within games with or without the ball Improve on agility, balance and coordination Understand when they are attacking Understand when they are defending Use a range of different passing techniques Apply some simple tactics to games Show an understanding for many different games/sports.</p>	<p>Show movement within games with or without the ball Improve on agility, balance and coordination Understand when they are attacking Understand when they are defending Use a range of different passing techniques Apply some simple tactics to games Show an understanding for many different games/sports.</p>	<p>Compete at many different invasion games knowing the rules and applying them. Work in prescribed areas, develop roles, rules and scoring systems Show movement within games with or without the ball Use a range of different passing techniques for different situations Think ahead for a plan of attack or defence by applying knowledge of skills.</p>	<p>Compete at many different invasion games knowing the rules and applying them. Work in prescribed areas, develop roles, rules and scoring systems Show movement within games with or without the ball Use a range of different passing techniques for different situations Think ahead for a plan of attack or defence by applying knowledge of skills.</p>
Striking and fielding	<p>Children will begin to: Strike a ball with intent and throw more accurately when bowling or fielding Position themselves when fielding with purpose Show good balance and coordination throughout Play various games with simple rules and game principles Intercept the ball with consistency and return it quickly.</p>	<p>Children can: Strike a ball with intent and throw more accurately when bowling or fielding Position themselves when fielding with purpose Show good balance and coordination throughout Play various games with simple rules and game principles Intercept the ball with consistency and return it quickly.</p>	<p>Children will begin to: Strike a ball with intent and throw more accurately when bowling or fielding Hit a bowled ball over longer distances and direct the ball when striking Position yourself when fielding with purpose and work as a team Make good judgements about when to run to score points Show good balance and coordination throughout Play various games with simple rules and game principles Intercept the ball with consistency and return it quickly Work in prescribed areas, develop roles, rules and scoring systems Apply fielding strategies to prevent the opposition from scoring.</p>	<p>Children can: Strike a ball with intent and throw more accurately when bowling or fielding Hit a bowled ball over longer distances and direct the ball when striking Position yourself when fielding with purpose and work as a team Make good judgements about when to run to score points Show good balance and coordination throughout Play various games with simple rules and game principles Intercept the ball with consistency and return it quickly Work in prescribed areas, develop roles, rules and scoring systems Apply fielding strategies to prevent the opposition from scoring.</p>	
Athletics	<p>Children will begin to: Show skills of running technique and varying their pace and speed Run at different distances applying pace Recognise the importance of timing during relay changes Begin to combine running with jumping over hurdles Jump in different combinations for height and distance Develop an effective take off for the standing long jump Investigate the best jumps for different distances, choose the most appropriate jump to cover different distances</p>	<p>Children can: Show skills of running technique and varying their pace and speed Run at different distances applying pace Recognise the importance of timing during relay changes Begin to combine running with jumping over hurdles Jump in different combinations for height and distance Develop an effective take off for the standing long jump Investigate the best jumps for different distances, choose the most appropriate jump to cover different distances</p>	<p>Children will begin to: Show running technique and varying their pace and speed Children can sustain their pace over longer distances Develop change over skills when running in relays - looking at strategies of who runs which leg and adding in change over zones Identify their reaction times when performing a sprint start Accelerate to pass others and build up speed for a sprint finish Can accelerate from a variety of different starting positions Combine running with jumping over hurdles using a preferred lead leg</p>	<p>Children can: Show running technique and varying their pace and speed Children can sustain their pace over longer distances Develop change over skills when running in relays - looking at strategies of who runs which leg and adding in change over zones Identify their reaction times when performing a sprint start Accelerate to pass others and build up speed for a sprint finish Can accelerate from a variety of different starting positions Combine running with jumping over hurdles using a preferred lead leg</p>	

		<p>Combine a hop, step and jump to perform the triple jump Show different throwing techniques for accuracy and distance Investigate ways to alter their throwing technique to achieve greater distance Perform a push and pull throw Measure their distances Continue to improve their throws by adding in appropriate techniques for greater distances Compete against self and others.</p>	<p>Combine a hop, step and jump to perform the triple jump Show different throwing techniques for accuracy and distance Investigate ways to alter their throwing technique to achieve greater distance Perform a push and pull throw Measure their distances Continue to improve their throws by adding in appropriate techniques for greater distances Compete against self and others.</p>	<p>Create a 3-stride pattern over hurdles and know the hurdling technique Develop an effective vertical jump Develop power and control when taking off and landing Investigate the best jumps for different distances and height Show different throwing techniques for accuracy and distance Investigate ways to alter their throwing technique to achieve greater distance Perform a fling and heave throw Measure and record their distances Continue to improve their throws by adding in appropriate techniques for greater distances Compete against self and others Compete at many different athletic events and record and compare results Look to refine technique in different events Look at accuracy, time, power, length, distance & speed for certain events.</p>	<p>Create a 3-stride pattern over hurdles and know the hurdling technique Develop an effective vertical jump Develop power and control when taking off and landing Investigate the best jumps for different distances and height Show different throwing techniques for accuracy and distance Investigate ways to alter their throwing technique to achieve greater distance Perform a fling and heave throw Measure and record their distances Continue to improve their throws by adding in appropriate techniques for greater distances Compete against self and others Compete at many different athletic events and record and compare results Look to refine technique in different events Look at accuracy, time, power, length, distance & speed for certain events.</p>
	Net-wall games	<p>Children will begin to: Improve on striking a ball softly into an area Show good balance and coordination Show an understanding of game principles Position their bodies correctly to receive a ball Start to use a small range of shots to keep a rally going Play shots on both sides of the body and learn to serve.</p>	<p>Children can: Improve on striking a ball softly into an area Show good balance and coordination Show an understanding of game principles Position their bodies correctly to receive a ball Start to use a small range of shots to keep a rally going Play shots on both sides of the body and learn to serve.</p>	<p>Children will begin to: Strike a ball softly into an area, over a net and inside a court consistently. Show good balance and coordination Show an understanding of game principles Position their bodies correctly to receive a ball consistently Use a range of shots to keep a rally going Play shots on both sides of the body and serve to try and win a game Return a serve from their opponent Show good movement on court - side stepping, forwards and backwards movements Direct the ball to a space using different speeds and heights to beat their opponent.</p>	<p>Children can: Strike a ball softly into an area, over a net and inside a court consistently. Show good balance and coordination Show an understanding of game principles Position their bodies correctly to receive a ball consistently Use a range of shots to keep a rally going Play shots on both sides of the body and serve to try and win a game Return a serve from their opponent Show good movement on court - side stepping, forwards and backwards movements Direct the ball to a space using different speeds and heights to beat their opponent.</p>
perform dances using simple movement patterns.	Dance	<p>Children will begin to: Improve on different ways to travel using clear pathways and good spatial awareness Improve on jumping and turning actions with control</p>	<p>Children can: Improve on different ways to travel using clear pathways and good spatial awareness Improve on jumping and turning actions with control</p>	<p>Children will begin to: Apply all components of dance Demonstrate increasing musical awareness</p>	<p>Children can: Apply all components of dance Demonstrate increasing musical awareness Perform more complex phrases of movement with precision control and fluency.</p>

		<p>Start to show stillness and gestures in their dances</p> <p>Improve on changing shape and size</p> <p>Show levels and speed in their movements</p> <p>Use movement expressively, to show ideas, moods and feelings</p> <p>Explore, copy, remember and repeat movements patterns with control and coordination</p> <p>Create a motif using different stimulus</p> <p>Begin to improvise with a partner to create a simple dance</p> <p>Use simple choreographic devices such as cannon, unison and mirror</p> <p>Move in time to music</p> <p>Improve the timings of their actions</p> <p>Create a short movement phrase which demonstrates their own ideas and has awareness of rhythm and expression.</p>	<p>Start to show stillness and gestures in their dances</p> <p>Improve on changing shape and size</p> <p>Show levels and speed in their movements</p> <p>Use movement expressively, to show ideas, moods and feelings</p> <p>Explore, copy, remember and repeat movements patterns with control and coordination</p> <p>Create a motif using different stimulus</p> <p>Begin to improvise with a partner to create a simple dance</p> <p>Use simple choreographic devices such as cannon, unison and mirror</p> <p>Move in time to music</p> <p>Improve the timings of their actions</p> <p>Create a short movement phrase which demonstrates their own ideas and has awareness of rhythm and expression.</p>	<p>Perform more complex phrases of movement with precision control and fluency.</p> <p>Recognize changes in speed in music and respond to good timing.</p> <p>Perform motifs with control, clarity and fluency.</p> <p>Use movement expressively, to show ideas, moods, and feelings</p> <p>Explore improvise and choose appropriate material to create new motifs in a chosen dance style.</p> <p>Warm up and cool down independently using exercises that stretch and tone my body</p> <p>Compose, develop motifs to make dance phrases and use these in longer dances.</p>	<p>Recognize changes in speed in music and respond to good timing.</p> <p>Perform motifs with control, clarity and fluency.</p> <p>Use movement expressively, to show ideas, moods, and feelings</p> <p>Explore improvise and choose appropriate material to create new motifs in a chosen dance style.</p> <p>Warm up and cool down independently using exercises that stretch and tone my body</p> <p>Compose, develop motifs to make dance phrases and use these in longer dances.</p>
<p>The Behavioural Change Physical Being:</p> <p><i>Involved and engaged</i></p> <p><i>Grows socially and emotionally</i></p> <p><i>Builds character and values</i></p> <p><i>Leads a healthy active lifestyle</i></p>	<p>Health and Fitness</p>	<p>Children begin to:</p> <ul style="list-style-type: none"> ✓ Should enjoy communicating, collaborating and competing with each other. ✓ Keen to continue participating in activities and clubs both in school and in the wider community. ✓ To identify some muscle groups used in gymnastic activities. ✓ To explain why warming up and cooling down is important. 	<p>Children develop:</p> <ul style="list-style-type: none"> ✓ Should enjoy communicating, collaborating and competing with each other. ✓ Keen to continue participating in activities and clubs both in school and in the wider community. ✓ To explain why warming up is important. ✓ To explain why keeping fit is good for their health. ✓ To explain what effect exercise has on their body. 	<p>Children can:</p> <ul style="list-style-type: none"> ✓ Should enjoy communicating, collaborating and competing with each other. ✓ Keen to continue participating in activities and clubs both in school and in the wider community. ✓ To explain some important safety principles when preparing for exercise. ✓ To explain why exercise is important. ✓ To choose appropriate warm ups and cool downs. 	<p>Children embed:</p> <ul style="list-style-type: none"> ✓ Should enjoy communicating, collaborating and competing with each other. ✓ Keen to continue participating in activities and clubs both in school and in the wider community. ✓ To explain how the body reacts to different kinds of exercise. ✓ To explain why they need regular and safe exercise.
<p>The Thinking Physical Being:</p> <p><i>Decision maker</i></p> <p><i>Analytical deep understanding</i></p> <p><i>Confident</i></p> <p><i>Creative</i></p>	<p>Evaluating and Improving</p>	<p>Children begin to:</p> <ul style="list-style-type: none"> ✓ Learn how to use a broad range of skills in different ways and link them to make actions and sequences of movement. ✓ Should develop an understanding of how to improve in different physical activities in sports. ✓ Learn how to evaluate and recognise their own success. ✓ To, with help, recognise how Performances could be improved. 	<p>Children develop:</p> <ul style="list-style-type: none"> ✓ Learn how to use a broad range of skills in different ways and link them to make actions and sequences of movement. ✓ Should develop an understanding of how to improve in different physical activities in sports. ✓ Learn how to evaluate and recognise their own success. ✓ To explain how their work is similar and different from that of others. 	<p>Children can:</p> <ul style="list-style-type: none"> ✓ Learn how to use a broad range of skills in different ways and link them to make actions and sequences of movement. ✓ Should develop an understanding of how to improve in different physical activities in sports. ✓ Learn how to evaluate and recognise their own success. ✓ To compare and comment on skills, techniques and ideas that they and others have used. 	<p>Children embed:</p> <ul style="list-style-type: none"> ✓ Learn how to use a broad range of skills in different ways and link them to make actions and sequences of movement. ✓ Should develop an understanding of how to improve in different physical activities in sports. ✓ Learn how to evaluate and recognise their own success. ✓ To analyse and explain why they have used specific skills or techniques. ✓ To create their own success criteria for evaluating.

			✓ To use their observations to improve their work.	✓ To modify use of skills or techniques to improve their work.	
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